



# PROTECT YOURSELF AND YOUR HEART

RECENT STUDIES SUGGEST THAT  
PEOPLE AT A HIGHER RISK FOR HEART  
DISEASE ARE 6 TIMES MORE LIKELY  
TO HAVE A HEART ATTACK AFTER  
HAVING THE FLU

## GET THE FLU SHOT



MONTANA  
IMMUNIZATION  
PROGRAM

FOR MORE INFORMATION VISIT: [FLU.MT.GOV](http://FLU.MT.GOV)